

2024 MSHSL Section 7AAA Boys T & F Championship

May 29th - May 31st at Forest Lake

Team Scores:

1. Blaine 205
2. Anoka 143
3. Coon Rapids 126
4. Forest Lake 111.5
5. Andover 108
6. Cambridge-Isanti 82
7. Centennial 77
8. Duluth East 53.5

Boys Varsity 100 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 KhiJohnn Cummings-Colema Coon Rapids 10.77a 0.7
- 2 Trystan Green Centennial 11.04a 0.7
- 3 Michael Olomiyete Blaine 11.10a 0.7
- 4 Zee Korti Anoka 11.13a 0.7
- 5 Samuel Shaughnessy Blaine 11.15a 0.7
- 6 Cam Begalle Andover 11.15a 0.7
- 7 Michael Douglas Blaine 11.20a 0.7
- 8 Ty Burgoon Centennial 11.41a 0.7
- Lance Hill Coon Rapids DQ 0.7

Boys Varsity 100 Meters Prelims

=====

Athlete Yr Team Mark Wind

=====

- 1 KhiJohnn Cummings-Colema Coon Rapids 10.82a 0.0
- 4 Lance Hill Coon Rapids 11.01a 0.0
- 2 Michael Olomiyete Blaine 11.03a 0.0
- 3 Michael Douglas Blaine 11.06a 0.0
- 5 Trystan Green Centennial 11.07a 0.0
- 6 Zee Korti Anoka 11.14a 0.0
- 7 Cam Begalle Andover 11.16a 0.0
- 8 Samuel Shaughnessy Blaine 11.22a 0.0
- 9 Ty Burgoon Centennial 11.34a 0.0
- 10 Nicholas Mahnke Forest Lake 11.45a 0.0
- 11 Mack Jurkovich Forest Lake 11.51a 0.0
- 12 Maurice Counce Andover 11.51a 0.0
- 13 Anders Lillemo Cambridge-Isanti 11.59a 0.0
- 14 Gamada Bullo Centennial 11.69a 0.0
- 15 Zachary Welch Anoka 11.69a 0.0
- 16 Brady Jenson Andover 11.75a 0.0
- 17 Cole Arneson Cambridge-Isanti 11.78a 0.0
- 18 Dwayne Peterson Cambridge-Isanti 11.98a 0.0
- 19 Malachi Korti Anoka 11.99a 0.0
- 20 Tyler Walters Forest Lake 12.00a 0.0
- 21 Dane Ahrens Duluth East 12.02a 0.0
- 22 Kingston Lew Duluth East 12.04a 0.0
- 23 Isaac Erickson Duluth East 12.24a 0.0

Boys Varsity 200 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 KhiJohnn Cummings-Colema Coon Rapids 22.38a 0.1
- 2 Gavin Moore Centennial 22.53a 0.1
- 3 Jamareon Douglas Blaine 22.61a 0.1
- 4 Grant Neururer Forest Lake 22.67a 0.1
- 5 Joseph Hauge Coon Rapids 22.99a 0.1
- 6 Keegan Evans Andover 23.09a 0.1
- 7 Ty Burgoon Centennial 23.42a 0.1
- 8 Jackson Ziebarth Cambridge-Isanti 23.44a 0.1
- 9 Donovin Wittenberg Duluth East 24.22a 0.1

Boys Varsity 200 Meters Prelims

=====

Athlete Yr Team Mark Wind

=====

- 1 KhiJohnn Cummings-Colema Coon Rapids 21.82a 0.0
- 2 Gavin Moore Centennial 22.18a 0.0
- 3 Jamareon Douglas Blaine 22.20a 0.0
- 4 Grant Neururer Forest Lake 22.63a 0.0
- 5 Jackson Ziebarth Cambridge-Isanti 22.67a 0.0
- 6 Keegan Evans Andover 22.76a 0.0
- 7 Ty Burgoon Centennial 22.77a 0.0
- 8 Joseph Hauge Coon Rapids 22.79a 0.0
- 9 Donovin Wittenberg Duluth East 23.04a 0.0
- 10 Devin Klark Blaine 23.13a 0.0
- 11 Cyril Lifaka Coon Rapids 23.23a 0.0
- 12 Nelsen-Manfred Poscher Centennial 23.30a 0.0
- 13 Zachary Larson Blaine 23.38a 0.0
- 14 Samuel Audette Andover 23.57a 0.0
- 15 Dane Ahrens Duluth East 23.58a 0.0
- 16 Noah Dunlap Forest Lake 23.72a 0.0
- 17 Brady Jenson Andover 23.74a 0.0
- 18 Logan Majorowicz Cambridge-Isanti 23.85a 0.0
- 19 Sam Benson Duluth East 24.25a 0.0
- 20 Caleb Wisen Cambridge-Isanti 24.26a 0.0
- 21 Kenneth McKinnis Anoka 24.34a 0.0
- 22 Curdel Davis Anoka 24.48a 0.0
- 23 Cletus Constance Anoka 25.50a 0.0

Boys Varsity 400 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Jerry Freeman Coon Rapids 49.22a
- 2 Haevian Cole Blaine 50.10a
- 3 Thomas Radtke Anoka 50.66a
- 4 Braycen Johnson Forest Lake 50.78a
- 5 Jacob Podratz Centennial 51.18a
- 6 Donovin Wittenberg Duluth East 51.57a
- 7 Cody Nelson Centennial 51.93a
- 8 Nolan Potvien Andover 52.31a
- 9 Noah Dunlap Forest Lake 52.94a

Boys Varsity 400 Meters Prelims

=====
Athlete Yr Team Mark Wind
=====

- 1 Jerry Freeman Coon Rapids 50.18a
2 Haevian Cole Blaine 50.44a
4 Thomas Radtke Anoka 50.48a
5 Nolan Potvien Andover 51.08a
6 Donovin Wittenberg Duluth East 51.45a
3 Braycen Johnson Forest Lake 51.63a
7 Jacob Podratz Centennial 51.81a
8 Cody Nelson Centennial 51.91a
9 Noah Dunlap Forest Lake 52.23a
10 Mekhai Martin Coon Rapids 52.28a
11 Wyatt Rothrum Anoka 52.75a
12 Cale Schurke Andover 52.78a
13 Maxwell Johnson Centennial 52.79a
14 Carnell Robinson Coon Rapids 53.05a
15 Brody Estrada Cambridge-Isanti 53.09a
16 Jayden Sirma Blaine 53.87a
17 Michael Williams Cambridge-Isanti 53.96a
18 Rory Fischbach Duluth East 54.11a
19 Andrew Geisel Blaine 54.20a
20 Reshard Cronemiller Cambridge-Isanti 54.25a
21 Matthew Alfaro-Getter Anoka 54.85a
22 Sam McCafferty Forest Lake 55.62a
23 Barrett Loof Duluth East 57.07a

Boys Varsity 800 Meters Finals

=====
Athlete Yr Team Mark Wind
=====

- 1 Aaron Peterson Anoka 1:56.30a
2 James McArdle Forest Lake 1:58.84a
3 Noah Berg Centennial 1:59.49a
4 Evan Koerber Blaine 1:59.99a
5 Jack Zellmer Blaine 2:01.01a
6 Joey Gustafson Duluth East 2:02.93a
7 Jack Jendro Andover 2:03.53a
8 Logan Hays Forest Lake 2:04.15a
9 Ben Westholm Duluth East 2:11.47a

Boys Varsity 800 Meters Prelims

=====
Athlete Yr Team Mark Wind
=====

- 1 Aaron Peterson Anoka 1:56.41a
4 James McArdle Forest Lake 1:57.50a
2 Noah Berg Centennial 1:59.03a
5 Jack Jendro Andover 1:59.34a
6 Ben Westholm Duluth East 2:00.43a
7 Jack Zellmer Blaine 2:01.04a
3 Evan Koerber Blaine 2:01.63a
8 Joey Gustafson Duluth East 2:01.82a
9 Logan Hays Forest Lake 2:02.15a
10 Dustin Larson Anoka 2:02.86a
11 Alaric Burroughs Blaine 2:03.14a

- 12 Landen Milz Cambridge-Isanti 2:03.38a
13 Noah McGovern Cambridge-Isanti 2:04.63a
14 Sam Blascyk Duluth East 2:04.72a
15 Mason Hays Forest Lake 2:04.77a
16 Alexander Persing Centennial 2:05.66a
17 Tyler Vossen Coon Rapids 2:06.20a
18 Talen Greeson Centennial 2:06.61a
19 Levi Stevens Anoka 2:08.92a
20 Duressa Yoseph Andover 2:09.96a
21 Ethan Rock Cambridge-Isanti 2:11.09a
22 Natnael Kassahun Coon Rapids 2:11.47a
23 Lukas Widmark Andover 2:13.83a
24 Albi (Alberto) Ludwig Coon Rapids 2:27.20a

Boys Varsity 1600 Meters Finals

=====
Athlete Yr Team Mark Wind
=====

- 1 River Santiago Blaine 4:25.01a
2 Ben Westholm Duluth East 4:29.35a
3 Tyler Bargman Blaine 4:30.04a
4 David Meberg Blaine 4:30.28a
5 Joey Gustafson Duluth East 4:36.22a
6 Jonas Kennedy Cambridge-Isanti 4:37.12a
7 Connor Dow Anoka 4:39.35a
8 Carter Stevens Andover 4:40.20a
9 William Rengo Anoka 4:46.05a
10 Owen Blascyk Duluth East 4:47.30a
11 Owen James Coon Rapids 4:47.37a
12 Samuel Gaines Anoka 4:49.54a
13 Lucashio Larson Cambridge-Isanti 4:51.21a
14 Marco Velasquez Coon Rapids 4:52.88a
15 John Downs Andover 4:53.18a
16 Bryce Bowman Forest Lake 4:55.01a
17 Kyler Nielson Centennial 4:55.34a
18 Caleb Barrett Centennial 4:55.73a
19 Dukarai Schumacher Forest Lake 4:56.91a
20 Caleb Saari Forest Lake 4:58.10a
21 David Jack Centennial 5:07.76a
22 Cole Burnett Coon Rapids 5:09.24a
23 Lukas Widmark Andover 5:10.40a
24 Orlando Diaz Cambridge-Isanti 5:11.76a

Boys Varsity 3200 Meters Finals

=====
Athlete Yr Team Mark Wind
=====

- 1 Aidan Gomes Andover 9:18.51a
2 River Santiago Blaine 9:18.81a
3 Hunter Jacobson Cambridge-Isanti 10:00.80a
4 Connor Bialka Blaine 10:02.28a
5 Austin Matrious Blaine 10:02.71a
6 Russell Hill Duluth East 10:06.69a
7 Mark Goettel Duluth East 10:07.10a
8 Sam Blascyk Duluth East 10:18.97a
9 Carter Stevens Andover 10:19.81a
10 John Downs Andover 10:35.84a
11 Samuel Gaines Anoka 10:43.49a

- 12 Connor Dow Anoka 10:44.61a
- 13 Owen James Coon Rapids 10:48.42a
- 14 William Rengo Anoka 10:53.40a
- 15 Dukarai Schumacher Forest Lake 10:55.95a
- 16 Caleb Saari Forest Lake 10:58.79a
- 17 Austin Burgess Cambridge-Isanti 11:00.04a
- 18 Caleb Barrett Centennial 11:05.07a
- 19 Jack Hushagen Forest Lake 11:12.94a
- 20 Caleb Cullen Coon Rapids 11:15.69a
- 21 Nathan Kaul Centennial 11:40.81a
- 22 Kevin Hansen Cambridge-Isanti 12:08.84a

- 1 Shae Wyszynski Andover 38.95a
- 2 Reid Olson Forest Lake 38.95a
- 3 Afanna Ibekwe Anoka 39.72a
- 4 Loic Djiotsa Coon Rapids 41.00a
- 5 Tyler Walters Forest Lake 41.57a
- 6 Matthew Rivera Blaine 41.59a
- 7 Amadou Bangoura Andover 42.29a
- 8 Kvaughn Landers Blaine 42.38a
- 9 Riley Wilson Cambridge-Isanti 42.84a

Boys Varsity 110m Hurdles Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Afanna Ibekwe Anoka 14.50a 0.1
- 2 Reid Olson Forest Lake 14.79a 0.1
- 3 Shae Wyszynski Andover 15.34a 0.1
- 4 Micah Wilson Cambridge-Isanti 15.72a 0.1
- 5 Matthew Rivera Blaine 15.75a 0.1
- 6 Trey Borchers Anoka 15.86a 0.1
- 7 Riley Wilson Cambridge-Isanti 16.38a 0.1
- 8 Loic Djiotsa Coon Rapids 16.72a 0.1
- Carl Anderson Andover DQ 0.1

Boys Varsity 110m Hurdles Prelims

=====

Athlete Yr Team Mark Wind

=====

- 1 Afanna Ibekwe Anoka 14.66a 0.0
- 2 Reid Olson Forest Lake 15.33a 0.0
- 4 Micah Wilson Cambridge-Isanti 15.34a 0.0
- 3 Riley Wilson Cambridge-Isanti 15.45a 0.0
- 5 Shae Wyszynski Andover 15.54a 0.0
- 6 Matthew Rivera Blaine 15.60a 0.0
- 7 Trey Borchers Anoka 15.65a 0.0
- 8 Carl Anderson Andover 15.90a 0.0
- 9 Loic Djiotsa Coon Rapids 15.98a 0.0
- 10 Carnell Robinson Coon Rapids 16.02a 0.0
- 11 Kvaughn Landers Blaine 16.12a 0.0
- 12 Brody Lakanen Anoka 16.72a 0.0
- 13 Tristan Kiriago Cambridge-Isanti 16.77a 0.0
- 14 Amadou Bangoura Andover 16.79a 0.0
- 15 Gus Olson Duluth East 16.87a 0.0
- 16 Logan Johnson Forest Lake 17.47a 0.0
- 17 Orien Eamonn Duluth East 17.65a 0.0
- 18 Tyler Walters Forest Lake 17.85a 0.0
- 19 Paavo Rova Duluth East 17.94a 0.0
- 20 Lukas Andrle Centennial 18.04a 0.0
- 21 Henry Schwartz Centennial 19.91a 0.0
- 22 Gavin MacLeod Centennial 20.76a 0.0
- Justin Sworr Blaine DQ 0.0

Boys Varsity 300m Hurdles Finals

=====

Athlete Yr Team Mark Wind

=====

Boys Varsity 300m Hurdles Prelims

=====

Athlete Yr Team Mark Wind

=====

- 1 Shae Wyszynski Andover 40.28a
- 2 Reid Olson Forest Lake 40.63a
- 4 Riley Wilson Cambridge-Isanti 40.65a
- 5 Matthew Rivera Blaine 41.15a
- 3 Afanna Ibekwe Anoka 41.39a
- 6 Tyler Walters Forest Lake 41.92a
- 7 Loic Djiotsa Coon Rapids 42.34a
- 8 Amadou Bangoura Andover 42.66a
- 9 Kvaughn Landers Blaine 42.84a
- 10 Brody Lakanen Anoka 42.94a
- 11 Trey Borchers Anoka 42.96a
- 12 Dylan Thayer Forest Lake 44.30a
- 13 Gus Olson Duluth East 44.43a
- 14 Charles Wills Centennial 45.01a
- 15 Victor Olivo Andover 45.45a
- 16 Lukas Andrle Centennial 45.48a
- 17 Paavo Rova Duluth East 45.85a
- 18 Hunter Curtis Cambridge-Isanti 45.92a
- 19 Orien Eamonn Duluth East 46.95a
- 20 Henry Sykora Centennial 48.41a
- Justin Sworr Blaine DQ
- Hudson Tanem Coon Rapids DQ

Boys Varsity 4x100m Relay Finals

=====

Team Time

=====

- 1 Blaine 43.00a
- 1) Jamareon Douglas 2) Samuel Shaughnessy
- 3) Michael Olomiyete 4) Michael Douglas
- 2 Forest Lake 43.12a
- 1) Mack Jurkovich 2) Grant Neururer
- 3) Samuel Cordie 4) Cam Mata
- 3 Anoka 43.13a
- 1) Zachary Welch 2) Afanna Ibekwe
- 3) Caleb Prosper 4) Zee Korti
- 4 Coon Rapids 43.85a
- 1) Cyril Lifaka 2) Lance Hill
- 3) Joseph Hauge 4) Aloysius Nyapan
- 5 Andover 44.17a
- 1) Shae Wyszynski 2) Cam Begalle
- 3) Keegan Evans 4) Obe Eyafe
- 6 Centennial 44.31a
- 1) Trystan Green 2) Hamado Gelgelu

3) Gamada Bullo 4) Nelsen-Manfred Poscher
7 Duluth East 48.00a
1) Theo Larson 2) Will Packer
3) Evan Meyer 4) Isaac Erickson
-- Cambridge-Isanti DQ
1) Dwayne Peterson 2) Cole Arneson
3) Jackson Ziebarth 4) Anders Lillemo

3) Cale Schurke 4) Ayden Shaw
7 Cambridge-Isanti 3:42.93a
1) Reshard Cronemiller 2) Riley Wilson
3) Caleb Wisen 4) Brody Estrada
-- Centennial DQ
1) Jacob Podratz 2) Cody Nelson
3) Maxwell Johnson 4) Liban Ahmed

Boys Varsity 4x200m Relay Finals

=====
Team Time

=====
1 Coon Rapids 1:28.09a
1) Jerry Freeman 2) Joseph Hauge
3) Lance Hill 4) KhiJohnn Cummings-Coleman
2 Blaine 1:28.37a
1) Michael Douglas 2) Samuel Shaughnessy
3) Michael Olomiyete 4) Jamareon Douglas
3 Andover 1:30.30a
1) Keegan Evans 2) Cam Begalle
3) Samuel Audette 4) Ayden Shaw
4 Centennial 1:30.54a
1) Trystan Green 2) Gavin Moore
3) Nelsen-Manfred Poscher 4) Ty Burgoon
5 Anoka 1:36.29a
1) Curdel Davis 2) Bennett Overbye
3) Cletus Constance 4) Kenneth McKinnis
6 Duluth East 1:38.49a
1) Dane Ahrens 2) Kingston Lew
3) Sam Benson 4) Isaac Erickson
7 Cambridge-Isanti 2:15.32a
1) Jayden Kuhlman 2) Anders Lillemo
3) Jackson Ziebarth 4) Caleb Wisen
-- Forest Lake DQ
1) Samuel Cordie 2) Braycen Johnson
3) Grant Neururer 4) Cam Mata

Boys Varsity 4x800m Relay Finals

=====
Team Time

=====
1 Blaine 7:54.55a
1) Nathan Taylor 2) Connor Bialka
3) Jack Zellmer 4) Evan Koerber
2 Andover 7:55.62a
1) Nolan Potvien 2) Tyler Flippen
3) Jack Jendro 4) Aidan Gomes
3 Anoka 7:57.06a
1) Dustin Larson 2) Wyatt Rothrum
3) Thomas Radtke 4) Aaron Peterson
4 Cambridge-Isanti 8:07.22a
1) Landen Milz 2) Noah McGovern
3) Peyton Dombek 4) Jonas Kennedy
5 Forest Lake 8:11.07a
1) James McArdle 2) Mason Hays
3) Logan Hays 4) Sam McCafferty
6 Centennial 8:21.37a
1) Noah Berg 2) Talen Greeson
3) Alexander Persing 4) Liban Ahmed
7 Duluth East 8:53.54a
1) Nathaniel Bateman 2) Owen Blascyk
3) Russell Hill 4) Aidan Armstrong
8 Coon Rapids 9:17.85a
1) Tate Burnett 2) Guom Mayan
3) Natnael Kassahun 4) Albi (Alberto) Ludwig

Boys Varsity 4x400m Relay Finals

=====
Team Time

=====
1 Coon Rapids 3:24.86a
1) Carnell Robinson 2) Mekhai Martin
3) Tyler Vossen 4) Jerry Freeman
2 Anoka 3:25.94a
1) Thomas Radtke 2) Wyatt Rothrum
3) Dustin Larson 4) Aaron Peterson
3 Forest Lake 3:29.21a
1) Noah Dunlap 2) Logan Hays
3) Samuel Cordie 4) Braycen Johnson
4 Blaine 3:33.25a
1) Haevian Cole 2) Andrew Geisel
3) Jayden Sirma 4) Nathan Taylor
5 Duluth East 3:35.48a
1) Joey Gustafson 2) Rory Fischbach
3) Ben Westholm 4) Sam Blascyk
6 Andover 3:38.55a
1) Nolan Potvien 2) Amadou Bangoura

Boys Varsity Shot Put Finals

=====
Athlete Yr Team Mark

=====
1 Howie Johnson Forest Lake 58-11
2 Sam Dennis Coon Rapids 56-9.5
3 Timothy Ball Centennial 56-7.75
4 Alexander Wimmer Anoka 48-6.5
5 Bailey Taylor Andover 48-0.5
6 Jacoby Peterson Coon Rapids 47-8.25
7 Gavin Smith Blaine 46-7.5
8 Logan Burns Anoka 45-3.75
9 Jessie Davies Blaine 45-1.25
10 Josh Osei-Dankwah Cambridge-Isanti 45-0.5
11 Logan Huss Centennial 43-6.5
12 Davian Vu Blaine 43-5.5
13 Blake Scheierl Centennial 42-11.5
14 Gabe Sundquist Duluth East 42-4.25
15 Hunter Wiitanen Coon Rapids 42-3.75
16 Jack Diehl Anoka 41-9.75
17 Mathew Fahey Forest Lake 40-6.5

- 18 Holden Beberg Andover 40-4.75
- 19 Andrew Johnson Forest Lake 39-7.5
- 20 Alec Pelkey Andover 38-6.5
- 21 Parker Myhr Cambridge-Isanti 37-8.5
- 22 Preston Routh Duluth East 36-1
- 23 Nicholas Ciurleo Duluth East 35-2.25
- Dominick Olson Cambridge-Isanti FS

Boys Varsity Discus Finals

=====

Athlete Yr Team Mark

=====

- 1 Timothy Ball Centennial 162-7
- 2 Sam Dennis Coon Rapids 159-8
- 3 Howie Johnson Forest Lake 154-2
- 4 Alexander Wimmer Anoka 142-8
- 5 Dominick Olson Cambridge-Isanti 141-11
- 6 Jay Ziebarth Cambridge-Isanti 141-9
- 7 Pete Gandah Anoka 141-5
- 8 Hunter Wiitanen Coon Rapids 138-4
- 9 Jack Diehl Anoka 137-0
- 10 Logan Huss Centennial 135-2
- 11 Deven Olson Cambridge-Isanti 132-9
- 12 Noah Herrick Blaine 127-1
- 13 Mathew Fahey Forest Lake 124-5
- 14 Jacoby Peterson Coon Rapids 119-9
- 15 Bailey Taylor Andover 119-6
- 16 Gavin Montgomery Blaine 118-11
- 17 Evan Lowry-Simpson Blaine 117-0
- 18 Ben Wendlandt Duluth East 115-10
- 19 Gabe Sundquist Duluth East 110-3
- 20 Mason Stebleton Forest Lake 109-6
- 21 Blake Scheierl Centennial 102-6
- 22 Caelan Bobbe Andover 99-4
- 23 Matthew Sweet Andover 95-0
- 24 Preston Routh Duluth East 81-4

Boys Varsity High Jump Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Isaiah Salami Anoka 6-2
- 2 Shiloh Ayitey Blaine 6-2
- 3 Zughumnan Zillang Blaine 6-0
- 4 David Onyemachi Blaine 6-0
- 5 Caleb Nyamari Anoka 5-10
- 5 Joe Sylvester Duluth East 5-10
- 7 Leonard Mitchell Anoka 5-10
- 8 Boluwatife Adeuga Coon Rapids 5-8
- 9 Finn Wold Centennial 5-6
- 10 Taylor Neal Coon Rapids 5-6
- 11 Sam Benson Duluth East 5-4
- 12 Tristen Chenoweth Andover 5-4
- 12 Cale Schurke Andover 5-4
- 14 Ayden Shaw Andover 5-4
- 14 Jared Salo Cambridge-Isanti 5-4
- 14 Caleb Clark Forest Lake 5-4
- Gavin MacLeod Centennial NM

-- Dylan Thayer Forest Lake NM

Boys Varsity Pole Vault Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Micah Wilson Cambridge-Isanti 14-5
- 2 Jackson Froslee Andover 14-2
- 3 Calvin Piescher Cambridge-Isanti 13-8
- 4 Lucas Frank Cambridge-Isanti 12-11
- 5 Blake Sieben Anoka 12-11
- 6 Jamison Livermore Forest Lake 12-11
- 7 Logan Barker Coon Rapids 12-5
- 8 Mitchell Babineau Blaine 11-11
- 9 Austin Pung Forest Lake 11-5
- 9 Ruben Fernandez Anoka 11-5
- 11 Tyler Celotta Centennial 11-5
- 11 Matthew Sweet Andover 11-5
- 13 Cayden Ban Anoka 10-11
- 14 Luke Sharp Blaine 10-11
- 15 David Gunderson Forest Lake 10-11
- 16 Dane Ahrens Duluth East 10-5
- Owen Kozarek Andover NM
- Hayden Hernandez Blaine NM
- Jackson Bentrup Centennial NM
- Harrison Grant Centennial NM
- Trevian Aluka Coon Rapids NM
- Komona Kah Coon Rapids NM
- Gus Olson Duluth East NM

Boys Varsity Long Jump Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Shae Wyszynski Andover 22-0.5 0.8
- 2 Cam Mata Forest Lake 21-5.5 0.0
- 3 Michael Douglas Blaine 21-4 0.3
- 4 Aloysius Nyapan Coon Rapids 20-10 0.0
- 5 Calvin Piescher Cambridge-Isanti 20-10 0.7
- 6 Prince Daye Blaine 20-7 0.0
- 7 Maurice Counce Andover 20-5 0.0
- 8 Caleb Nyamari Anoka 20-1.5 0.1
- 9 Caleb Prosper Anoka 19-11 0.0
- 10 Riley Wilson Cambridge-Isanti 19-9 0.0
- 11 Gavin Moore Centennial 19-5.25 0.0
- 12 Marcus Larson Andover 19-4.5 0.0
- 13 Ndifor Tamukong Forest Lake 19-3.5 0.3
- 14 Evan Bitengo Anoka 18-11 0.6
- 15 Joe Sylvester Duluth East 18-10.5 0.0
- 16 Alijah Hibbler Coon Rapids 18-10 0.0
- 17 Brayden Waldron Coon Rapids 18-9.5 0.2
- 18 Jayden Kuhlman Cambridge-Isanti 18-9.5 0.4
- 19 Nshangji Zillang Blaine 18-9 0.0
- 20 Nicolas Jaen Centennial 18-7 0.3
- 21 Fnan Zeresenay Centennial 17-10.5 0.0
- 22 Isaac Erickson Duluth East 17-2 0.0
- 23 Nicholas Mahnke Forest Lake 17-1 1.3

Boys Varsity Triple Jump Finals

=====

| Athlete | Yr | Team | Mark | Wind |
|---------|----|------|------|------|
|---------|----|------|------|------|

=====

- 1 Isaiah Salami Anoka 44-2.75 3.8
- 2 Garald Ferguson Jr. Blaine 43-5 2.1
- 3 Tuulla Gemta Blaine 43-4.5 0.2
- 4 Jayden Kuhlman Cambridge-Isanti 43-3.75 0.0
- 5 Aloysius Nyapan Coon Rapids 42-11.5 1.5
- 6 Cam Mata Forest Lake 42-9.25 1.2
- 7 Boluwatife Adeuga Coon Rapids 42-6.5 1.9
- 8 Prince Daye Blaine 42-4.5 1.5
- 9 Nicolas Jaen Centennial 42-3.75 0.7
- 10 Caleb Nyamari Anoka 41-9.5 1.1
- 11 Trevian Aluka Coon Rapids 41-0 0.1
- 12 Fnan Zeresenay Centennial 40-10.5 0.6
- 13 James Haigh Cambridge-Isanti 40-4.75 1.1
- 14 Tristan Kiriago Cambridge-Isanti 38-10.5 0.1
- 15 Maxwell Rome Centennial 38-10.25 1.0
- 16 Caleb Prosper Anoka 38-6.25 0.6
- 17 Joe Sylvester Duluth East 38-3.25 0.1
- 18 Marcus Larson Andover 38-1.75 0.1
- 19 Cale Schurke Andover 38-0.75 1.1
- 20 Caleb Clark Forest Lake 37-5.75 1.3
- 21 Lukas Widmark Andover 36-8.25 1.1
- 22 Kingston Lew Duluth East 36-6 0.1
- 23 Max Meyer Forest Lake 36-6 0.2
- 24 Sam Benson Duluth East 35-5.25 0.0